

# Eurax<sup>®</sup> Hydrocortisone Cream

Crotamiton 10.0% w/w and Hydrocortisone 0.25% w/w

**Read all of this leaflet carefully because it contains important information for you.**

Keep this leaflet. You may need to read it again.

- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

## **In this leaflet:**

1. What Eurax Hydrocortisone Cream is and what it is used for
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## **1. WHAT EURAX HYDROCORTISONE CREAM IS AND WHAT IT IS USED FOR**

Eurax Hydrocortisone Cream is a skin cream to treat skin conditions such as eczema and dermatitis of all types, including those listed below, and also insect bite reactions:

- Intense itching due to atopic eczema and primary irritant and allergic dermatitis,
- UV light sensitivity (photodermatitis),
- inflammation of the outer ear (otitis externa),
- inflammation between skin folds (intertrigo),
- itching from hard skin nodules (prurigo nodularis),
- inflammation caused by excessive secretion of the skin glands (seborrhoeic dermatitis).

## **2. BEFORE YOU USE EURAX HYDROCORTISONE CREAM**

**Do not use Eurax Hydrocortisone Cream if you:**

- are allergic (hypersensitive) to any of the ingredients of Eurax Hydrocortisone Cream (see Section 6 and Section 2 “Important information about some of the ingredients of Eurax Hydrocortisone Cream”),
- have a bacterial, viral or fungal infection of the skin
- have weeping open skin wounds (acute exudative dermatoses)
- have any ulcerated areas of skin
- are pregnant, or planning to become pregnant, or breast-feeding, without medical advice.

Do not put Eurax Hydrocortisone Cream in contact with the eyes (conjunctiva), mouth or mucous membranes. In case of contact with eyes, rinse immediately with water.

**Take special care with Eurax Hydrocortisone Cream:**

- use with caution in infants; especially in the nappy area; do not use for not more than 7 days
- long-term continuous use should be avoided as this can lead to adrenal problems.

**Taking other medicines**

Please tell your doctor or pharmacist if you are taking, or have recently taken, any other medicines, including those obtained without a prescription.

There are no known interactions between Eurax Hydrocortisone Cream and other medicines.

**Pregnancy and breast-feeding**

Ask your doctor or pharmacist for advice before taking any medicines. Eurax Hydrocortisone Cream is not recommended for use in pregnancy as there is inadequate evidence of safety in pregnancy. Consult your doctor if you are breast-feeding because it is not known if the active substances of Eurax Hydrocortisone Cream pass into breast milk.

**Driving and using machines**

There is no evidence that Eurax Hydrocortisone Cream can affect your ability to drive or operate machinery.

**Important information about some of the ingredients of Eurax Hydrocortisone Cream.**

Eurax Hydrocortisone Cream contains stearyl alcohol, propylene glycol which may cause local allergic skin reactions (contact dermatitis); propyl hydroxybenzoate (E216) and Methyl hydroxybenzoate (E218), which may cause delayed allergic reactions. If this happens, stop using the cream.

**Adults and the Elderly**

Apply a thin layer of Eurax Hydrocortisone Cream to the affected area 2-3 times a day. Do not cover the affected area with dressings. Do not use for more than 10-14 days (or for more than 7 days if applied to the face).

**Children**

Apply the cream once a day only in young children. A nappy should not be used if the cream is applied to the nappy area. Do not use the cream for more than 7 days in infants.

Eurax Hydrocortisone Cream should not be used for more than 7 days without seeking medical advice.

**If you use more Eurax Hydrocortisone Cream than you should**

Eurax Hydrocortisone is for application to the skin only.

If you or a child accidentally ingests large amounts of Eurax Hydrocortisone Cream, contact your doctor or hospital.

**If you forget to use Eurax Hydrocortisone Cream**

Do not apply more cream than you should to make up for a forgotten application.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

#### **4. POSSIBLE SIDE EFFECTS**

Like all medicines, Eurax Hydrocortisone Cream can cause side effects, although not everybody gets them.

Occasionally you may get skin irritation, such as a burning sensation, redness, itching, eczema, or contact dermatitis/contact allergy.  
You should stop using the cream if you experience severe skin irritation.

If any of the side effects gets serious, or if you have any side effects not listed in this leaflet, please tell your doctor or pharmacist.

#### **5. HOW TO STORE EURAX HYDROCORTISONE CREAM**

Keep out of the reach and sight of children. Do not store above 25°C. Protect from heat.

Do not use Eurax Hydrocortisone Cream after the 'Use By' date which is stated on the carton. The 'Use By' date refers to the last day of that month.  
Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

#### **6. FURTHER INFORMATION**

What Eurax Hydrocortisone Cream contains

The active ingredients are: Crotamiton 10.0% w/w and Hydrocortisone 0.25% w/w  
The other ingredients are: Stearyl alcohol, White soft paraffin, Polyoxy 40 stearate, Propyl hydroxybenzoate (E216), Propylene glycol, Methyl hydroxybenzoate (E218), Perfume Givaudan no 45, Purified water (see also Section 2 "Important information about some of the ingredients of Eurax Hydrocortisone Cream").

#### **What Eurax Hydrocortisone Cream looks like and contents of the pack**

Eurax Hydrocortisone Cream is a white cream and is available in 30g aluminium tubes.

#### **Marketing Authorisation Holder and Manufacturer**

Novartis Consumer Health UK Limited  
Wimblehurst Road  
Horsham  
West Sussex  
RH12 5AB

For any information about this medicinal product, please contact the Marketing Authorisation Holder.